

Protection Against Colds/Flu

Dear friends,

We've been getting numerous requests for information about how to prepare for the upcoming cold and flu season. To address everyone's concerns, I've written a detailed article about what the issues are this year and what to do about it.

Please go to [Cold and Flu Season](#)

New formulas are here!

[Germ Shield](#) - an effective hand sanitizer as well as for stopping the colonization of viruses in the nose where they often start, and a decongestant as well.

[Herp-Ez](#) - an essential oil blend that provides relief from herpes infections. Best results when used right at the first sign of pain or tingling.

[Celebration](#), a delightful, uplifting scent for the holidays.

We're in stock now and ready to get these valuable herbs out to you so that you can have a wonderful shift in your health level.

I'd also like to invite you to visit our [testimonial page](#). We've received so many inspiring letters lately about fantastic results from using our herbs. Yours in health,
Cynthia Foster, MD

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